

Statewide Caregiver Telephone Support Group

Every 1st Saturday, 1:00 PM - 2:00 PM

Every 3rd Wednesday, 1:00 - 2:00 PM

Dial in 1-877-216-1555, code 927989

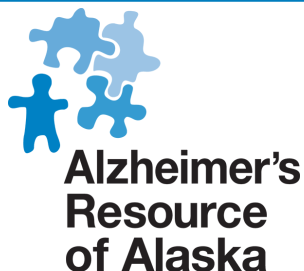
Caregiving is hard. A caregiver can find it rewarding and frustrating at the same time.

It's easy to imagine that nobody could know what you're going through, but we do. You don't have to do this alone.

Registration not necessary.

For More Information

Contact: Gay Wellman
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Email: gwellman@alzalaska.org



Alzheimer's Resource of Alaska

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www.AlzAlaska.org



Scan for other
upcoming events.