

# Savvy Caregiver: Webinar

## Dementia Care Classes

Saturday, May 9 - Saturday, June 13

10:00 AM - 12:00 PM

Connect via [Zoom](#); Please register for link

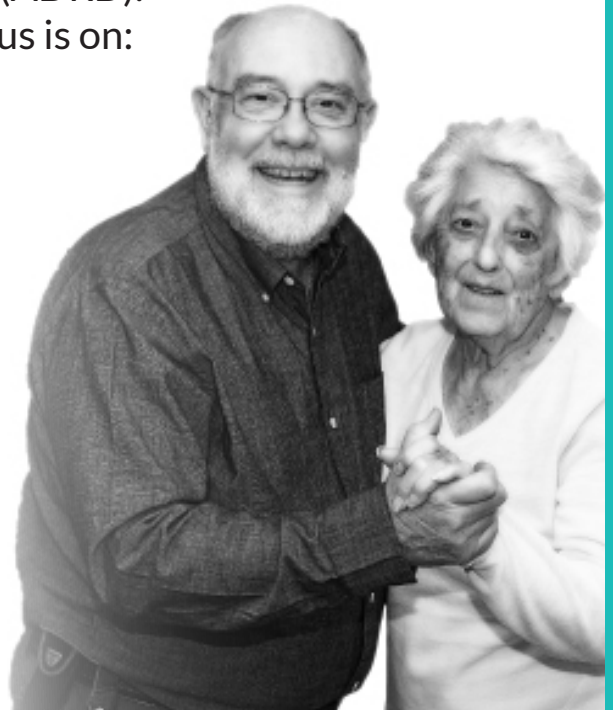
This six-week class is for family members caring for a loved one with Alzheimer's disease or related dementias (ADRD).

Meeting for two hours each week, the focus is on:

- Improving the practice of caregiving
- Tools for decision making
- Emotions caregivers may face
- How to deal effectively with family issues

Come learn about the stages of ADRD and how to use that to help your loved one stay in the Zone.

*Classes are free, but pre-registration is required as space is limited.*



**For more information, please contact:**

**Gay Wellman**

**email: [gwellman@alzalaska.org](mailto:gwellman@alzalaska.org)**

**phone: [907-822-5620](tel:907-822-5620)**



**Alzheimer's Resource of Alaska**

**Anchorage Office**

907-561-3313

1750 Abbott Road

Anchorage, AK 99507

[www.AlzAlaska.org](http://www.AlzAlaska.org)

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@alzalaska